

## Chronicles of FFWU

Status 01/2023

2022.....	4
June 2022: “Coaching for Life” course – Module 4-6.....	4
April 2022: “Coaching for Life” course – Module 1-3.....	4
January 2022: “Coaching for Life” course – Module 3 .....	5
2021.....	5
01.10.2021, Hamburg: FFWU X Sportfive workshop and Intern intro .....	5
19.07.2021, Cape town: New training programs begins in South Africa .....	5
01.07.2021, Berlin: FFWU introduces the Midi-Job .....	5
08.06.2021, Hamburg: Strategy Workshop at SPORTFIVE .....	6
15.05.2021, Hamburg: Agreement reached with Sportfive as our first long-term partner.....	6
15.03.2021: FFWU launches the ‘Hauptamt-ready’ program of Klubtalent .....	6
2020.....	6
10.12.2020: FFWU launches crowdfunding campaign for training courses in South Africa .....	6
26.04.2020: People that shaped our story: Mkululi Gee Gogo Interview.....	6
13.04.2020: People that shaped our story: Cody Damons.....	7
05.04.2020 - People that shaped our story: Mario van Niekerk .....	7
2019.....	7
26.05.2019, Germany: Welcoming through Sports.....	7
22.05.2019, Mozambique: FFWU Training course for university professors in Mozambique.....	8
2018.....	8
31.08.2018, Kaiserau Refugee course X FLVW .....	8
20.07.2018, Mozambique Training course.....	9
2017.....	9
23.10.2017, Germany Trainer Workshop Sascha Bauer X Refugees.....	9
2016.....	10
24.11.2016, Cape town Kick and code 2016 X SAP conclude.....	10
24.11.2016, Cape town Kick and code 2016 X SAP .....	11

2015.....	11
25.12.2015, Germany: Sascha Bauer 2015 review.....	11
21.11.2015, Pretoria: A week to remember .....	12
25.04.2015, Cape town: Training course X GCU Academy.....	13
19.04.2015, Mozambique: Training course concludes.....	13
13.04.2015, Mozambique: Training course underway.....	14
18.03.2015 FFWU – Five incredible years and many more to come!! .....	14
02.02.2015 Festa de futebol review 2014.....	14
2014.....	14
15.10.2014, Nicaragua: Matthias and Janine go on a field trip to soccer without borders.....	14
24.04.2014: FFWU visits South Africa and Mozambique .....	15
24.02.2014, Heideveld: FFWU’s volunteer Julia supports GCU .....	15
10.02.2014, Mozambique: Successful handover .....	16
2013.....	16
09.12.2013, Germany: Reinforcement FFWU team.....	16
28.09.2013, Cologne: FFWU X German Sport University .....	16
17.09.2013, Mozambique: C license for Head coach Jair Wamba .....	16
18.07.2013, Mozambique: New project leads .....	16
15.07.2013, Mozambique: From Mozambique to Brazil.....	17
30.06.2013, MASSACA: Festa de Futebol.....	17
23.06.2013, Hamburg: Relaunch of Website .....	17
23.06.2013, Mozambique: Moving Festa de Futebol in Albasine .....	18
25.05.2013, Mozambique: 1 <sup>st</sup> festa on campo 7 de Abril .....	18
20.05.2013, Mozambique: Coaches training kicks off .....	18
15.05.2013, Mozambique: Football pitch scouting and coach sourcing.....	18
06.05.2013, Mozambique: One world football .....	19
03.05.2013, Mozambique: Location scouting for expansion .....	19
19.04.2013, Mozambique: Gender Awareness training X WLSA X GIZ.....	19
18.04.2013, Costa del Sol: Equipment donation.....	19
10.04.2013, Mozambique: Introduction: Florian Merker .....	19
29.03.2013, Mozambique: 9 <sup>th</sup> Festa de Futebol.....	19
10.03.2013, Heideveld: GCU Academy visit .....	19
09.02.2013, Mozambique: Festa de Futebol – International exchange Day .....	19
2011.....	20
08.02.2011, Frankfurt: 1 <sup>st</sup> information and benefit event .....	20
2010.....	20

05.07.2010, Heideveld: Phase one kicks off.....	20
10.06.2010, Frankfurt: Live on SAT1 .....	20
08.06.2010, Germany: FFWU attracts big boys!! .....	20
31.05.2010, South Africa FFWU chairman flies to Cape town .....	20
28.05.2010, Frankfurt: FFWU making some noise!! .....	20
February 2010, Mozambique: FFWU organize Festa de futebol.....	20
January 2010, Mozambique FFWU: turning it into reality .....	20

2022

June 2022: “Coaching for Life” course – Module 4-6

**Location:** Windhoek, Namibia

**Date:** 04.04 – 22.04.2022

**Instructors:** Sven and Lydia Hatzenberg

**Organizations involved:** Deutscher Turn und Sportverein (DTS) and Football Federation of Namibia

**Number of coaches (participants):** 9

**Topics covered:**

- Value-based Leadership
- Children’s profile 13-14 years; 15-16 years and 17-18 years
- Psychological competence: Coping with emotions; Empathy; Determination & Perseverance;
- Social competence: Trust; Communication
- Physical skill: Balance; Endurance; Interoperability; Strength;
- Technical skill: Juggling; 1<sup>st</sup> Touch; Heading
- Tactical principle: Possession; Purposeful Possession; Creative Collaboration; Defensive Traits; Systematic Possession
- Sport Festival focused on SDG5; SDG10 and SDG 6

April 2022: “Coaching for Life” course – Module 1-3

**Location:** Windhoek, Namibia

**Date:** 04.04 – 22.04.2022

**Instructors:** Nadica Jovanovik ana Lydia Hatzenberg (Module 1)  
Annabell Rohrig and Lydia Hadzenberg (Module 2-3)

**Organizations involved:** Deutscher Turn und Sportverein (DTS) and Football Federation of Namibia

**Number of coaches (participants):** 9

**Topics covered:**

- Introduction to Sport for Development and the Sustainable Development Goals
- Structure of a training session
- Children’s profile 7-8 years; 9-10 years and 11-12 years
- Psychological competence: Concentration & Focus; Creativity; Goals Setting; Responsibility and Integrity; Self-Confidence; Self-Reflection;
- Social competence: Conflict Management;
- Physical skill: Speed; Reaction; Kinesthetic differentiation; Adaptability; Rhythm; Spatial Orientation
- Technical skill: Passing; Dribbling and Feinting; Shooting and Finishing;
- Tactical principle: Defensive cover; Offensive cover;

- Sport Festival focused on SDG3; SDG4 and SDG 16

### January 2022: “Coaching for Life” course – Module 3

**Location:** Cape Town, South Africa

**Date:** 15.01 – 25.01.2022

**Instructors:** Julia Hofmann and Lydia Hatzenberg

**Organizations involved:** Great Commission United (GCU), OASIS – Reach for your dreams and Hout Bay United Football Community (HBUFC)

**Number of coaches (participants):** 27

#### Topics covered:

- Children’s profile 11-12 years
- Psychological competence: Goals Setting; Responsibility and Integrity
- Physical skill: Kinesthetic differentiation; Adaptability
- Technical skill: Passing
- Tactical principle: Defensive cover
- Sport Festival focused on SDG 16

## 2021

### 01.10.2021, Hamburg: FFWU X Sportfive workshop and Intern intro

Sascha and Mathias (1st and 2nd chairman) pitched a workshop program, designed, and tailored according to the philosophy and values of FFWU, to the heads of Sportfive. The proposal was positively received and managed to open new doors for FFWU.

Intern, Aayush Shrestha, officially begins his journey with FFWU. Team strengthening and growth had been in the agenda for 2021.

### 19.07.2021, Cape town: New training programs begins in South Africa

After gaining invaluable experiences over last 10 years working in projects with our long-standing partners, we have decisively changed our training curriculum and are now entering a new era with the new **Coaching for Life program**. The training will last a total of 3 years and include a total of 91-week modules, which trainers and organizations will set up for the future in the long term. The first training module will take place from 19.-24.07.2021 along with our three partner organizations Great Commission United (GCU), OASIS – Reach for your dreams and Hout Bay United Football Community (HBUFC) in the suburbs of Cape Town.

### 01.07.2021, Berlin: FFWU introduces the Midi-Job

Having worked across continents and seen steady growth throughout the years, FFWU is finally moving onto next stage by introducing the midi job and hiring founder and CEO Sascha Bauer. We are thus moving closer to our goal of creating a full-time position by the end of the year so that we can now put in more time and effort into the financial security of our organization. By doing so we increase our focus more into FFWU and its growth.

## 08.06.2021, Hamburg: Strategy Workshop at SPORTFIVE

A weekend together with our new partner has set the course for our small realignment. The most important innovations. We aim to introduce a full-time position by the end of the year. To this end, we want to gain 150 members/permanent donors for the association by the end of 2021. Furthermore, we want to bring in someone with communications expertise to our team as soon as possible. From October to the end of February, our first full-time intern will support our community and take on various tasks. And by the end of the year, we are set on to be a member of the Transparent Civil Society to highlight our integrity and our dedication to transparency.

## 15.05.2021, Hamburg: Agreement reached with Sportfive as our first long-term partner

[Pictures can be found here](#)

## 15.03.2021: FFWU launches the 'Hauptamt-ready' program of Klubtalent

Together with Marthe from Klubtalent, we are launching a program that will support us in establishing full-time positions and enabling our founder Sascha Bauer to have a professional future.

## 2020

## 10.12.2020: FFWU launches crowdfunding campaign for training courses in South Africa

The crowdfunding campaign to support our training courses in South Africa with initial target € 2,500 was swiftly achieved (3 days) and exceeded all expectations. The fund-raising campaign ended with a grand total of € 4,500.00 collected, 80% more than our set goal, which proved to be not only financial but also a huge morale boost!

## 26.04.2020: People that shaped our story: Mkululi Gee Gogo Interview

10 years of FFWU – the people that shaped our story: Interview with [Mkululi Gee Gogo](#) from Heideveld, Cape Town

### **Why did you join GCU as a coach?**

“When I started playing football to me it was always about making it to bigger clubs in cape town. But when I was growing up, I realized that there are other ways that can take me there. So that is when I joined GCU to be a coach. GCU helped me to obtain my SAFA coaching D-license and that took me a step closer to my dream. But GCU also helped me with other important things in life because they would organize courses for us to help build our knowledge to better our future. GCU has changed my life a lot through sport and I'm grateful for being part of an organization that brings change and provide a better future for the under privileged youth in our communities.”

### **What do you love about coaching?**

“When I started coaching it was all about me making some extra cash for myself, but as I spent time with the kids, I started to develop a bond and the love for them and that was when I started changing my mindset. Because not only did the kids become players that I coach but they became a part of me I treated them as family. I was a bigger brother to them who they can share their personal life stories and secrets, so that made me love coaching more and more because I became a mentor, a brother and a friend to the kids and that gave me a clear reason why I should be a coach and that changed my life as a person.”

### **What is your connection to FFWU?**

“Sascha Bauer would visit GCU every year to come and give coaching clinics to us as coaching staff to

improve our coaching skills. But what I really like about him was that he didn't stop at being a coach to us but he was more of an advisor, a mentor and most of all a friend to us. Personally to me he became a role model someone I look up to, he brought something different to our organization every time when he visited so we knew that when he comes, we were going to learn something new that made us gain more skills and experience."

#### 13.04.2020: People that shaped our story: Cody Damons

**Sascha about Cody:** "During our first coaching course at GCU in 2011 one coach was really standing out. It was Cody Damons who at that time was 17 years old. He was very keen to learn and soaking up new knowledge.

His way of communicating with the children was special and he quickly became the leader of all youth coaches during the course and later of the Youth Department of GCU. During the past years, besides taking part in all FFWU courses we did in Cape Town, he completed the official C and B license from the South African Football Association.

Additionally, he would lead the GCU school sports program at different schools in the community and be the head coach of the senior team by the age of 23. Today he is father of a beautiful child and studying at the university.

Unfortunately, he is not working as a coach anymore. But an even better outcome is that he has become a responsible father and inspiring leader who serves as a role model and thrives to become a teacher."

#### 05.04.2020 - People that shaped our story: Mario van Niekerk

In 2011 I was working as a volunteer in the YDF project in the Northern part of South Africa. During that time, I was staying in Cape Town for a few days and on my last day before leaving the city I aimed to visit a Football Community Project which was named Great Commission United (GCU) and was supported by the Hostel was staying in.

Spending half a day with the kids in the Cape Flats, a township with all its problems, I finally met [Mario van Niekerk](#), the impressive founder of GCU. His tough life story as an ex-gangster and how we managed to turn his life around when he became a father was truly inspiring. I remember he said: „If children are not learning to dream, I have to dream for them! “It is sad on one side that children do not have the chance to dream, beautiful on the other side that someone has the courage to step up and tries to make a change in the environment and on our planet. Driving back to the Cape Town bubble where all the Cape Flats problems are not visible – in tears – inspired by Mario's personality, courage and power, the idea of founding Football for Worldwide Unity, with the aim to support GCU's activities and empower the coaches, was born.

Thank you, Mario, for being the person you are!

#### 2019

##### 26.05.2019, Germany: Welcoming through Sports

A coaching course for 17 coaches from 9 countries.

This month we worked with 17 coaches from Syria, Iraq, Turkey, Bulgaria, Germany, Gambia, Ghana, Nigeria, and Eritrea on how to use football as a tool for social integration and personal development. The training was a joint project with our partner the Football and Athletics Federation of Westphalia (FLVW). It was part of the "Welcoming through sports" initiative by the German Olympic Sports Confederation (DOSB) supported by the German Commissioner for Migration, Integration and Refugees.

During the workshop the participants learned how to plan their training in a way that respects the individual and shared characteristics of kids & youth and how to develop not only technical, tactical

and physical but also social and personal characteristics using a more holistic approach. Questions we also dealt with: How can we be role models? How can we promote respect on and off the pitch? How do we enable the kids to transfer the skills they learn on the pitch to other areas of my life, like school and friendship?

Thanks to all participants and partners and we are looking forward to work with you in the future!

#wirsindunseinig #willkommenimsport

## 22.05.2019, Mozambique: FFWU Training course for university professors in Mozambique

From April 17-19, 2019, we were in Mozambique again, this time to qualify trainers for GIZ's "Sport for Development in Africa" program. In cooperation with GIZ and the Pedagogical University of Mozambique, we conducted a training course in Quelimane (province of Zambezia). The training was financed by our long-term partner, the Bavarian Football Association.

Together with a professor from the University of Maputo, our head of training, Sascha, trained 17 university professors using the "Treino Social" method developed in Brazil. The 2 female and 15 male professors were very enthusiastic about the matter. It was especially nice to have 4 professors from Beira - the city hit hard by the cyclone - with us. They decided at short notice to take part in the course despite the difficult situation in their hometown.

The participants absorbed the new approaches and there were very good discussions and group work. Part of the course was to develop a learning circle with which a targeted contribution to the achievement of the Sustainable Development Goals (SDGs) of the United Nations can be made. During the course, together with the professors, we focused on the following development goals (SDGs):

- 3 Health and Wellbeing
- 4 Quality Education
- 5 Gender Equality
- 8 Decent Work & Economic Growth
- 16 Peace, Justice & Strong Institutions

The results were very impressive, and we are excited to see how the professors will incorporate the new content into the university curriculum in the coming months and years. At the University of Maputo, the location of our last course in 2018, the method is already being brought closer to all sports students.

With the expansion of the methodology to 3 other universities in Mozambique, we have now been able to significantly increase the range and hope that this will enable more and more children and young people to be supported in the long term.

Here are a few exciting answers from the professors to the question why they teach sport at the university: in order to ... "convey values in sport", "promote ethically correct behavior", "promote integrity", "change human lives", " Preventing conflicts and making a contribution against corruption ", " Using sport as a tool for education ", " promoting fair play ", " promoting health " and " taking action against capitalism " .

Wonderful goals that can be achieved with sport if you know how ...

## 2018

### 31.08.2018, Kaiserau Refugee course X FLVW



After an intensive week, the second short qualification for refugees came to an end today. Fifteen participants from five countries - Iran, Iraq, Kosovo, but most of them from Afghanistan or Syria - devoted five days to the basics of coach training according to the standards of the German Football Association (DFB).

They are between 14 and 38 years old and already active in Westphalian associations. In the discussions at the beginning of the qualification week, it quickly became clear that most of them had come to SportCentrum Kaiserau with very uncertain expectations, but a lot of hope and curiosity. In the five days of the course, the young people and adults were taught the most important basics of the German sports system as well as the basic units of the Trainer C license. The various theoretical learning units were paired with numerous practical exercises, so that not only theory but also practice was not neglected. The aim of the qualification is to give people who have fled the country a first glimpse into the training of coaches at the DFB.

Course leader Sascha Bauer, who has already worked as an A-license trainer for the German Football Association and "FOOTBALL FOR WORLDWIDE UNITY" in Africa and South America, was very satisfied with the course of the week: "Overall, it was a successful one well organized week in which everyone was there with a lot of enthusiasm and commitment. I am firmly convinced that football is enormously helpful in terms of integration. It connects cultures and conveys values such as respect and fair play".

On the last day, Gundolf Walaschewski, President of the Football and Athletics Association of Westphalia (FLVW), took a personal look at the last theoretical learning unit and addressed a few words to the participants. "I am pleased that we succeeded in making this short qualification possible again this year and that it was so popular and enthusiastic," said Walaschewski. Before they went to the field for the final practical exercise for the last time, the FLVW President presented all participants with a certificate of participation.

### 20.07.2018, Mozambique Training course

From July 12th to 14th, 2018 we were on the road again in Mozambique to qualify trainers for the "Sport for Development" program in Maputo at the University of Education. In carrying out the trainer training in Matola, Sascha was supported by 4 selected trainers from the previous qualification.

In the 3 intensive days we were able to train 32 new trainers with the "Treino Social" method, as well as win 11 new trainer instructors for "Sport for Development". Sascha was very enthusiastic: "All of the coaches were totally focused and pulled along very well. It was just fun to work together on and off the pitch. "

In order to take further steps on site, we have already planned 5 courses in 3 different provinces for this year together with the trainer instructors, which are to take place in autumn.

### 2017

#### 23.10.2017, Germany Trainer Workshop Sascha Bauer X Refugees

Here in Germany his skills can easily be transferred and applied as the integration of migrants has become a daily fact of life and requires experienced, sensitive handling.

'Football is ideally suited for integrating migrants. The 'Treino Sozial' (Social Training) method developed for GIZ, and DFB can be equally applied across clubs in Germany, where coaches with a foreign background will have to be integrated' says Sascha. Additionally, to techniques, tactics and physical exercises, social and personal competencies were addressed. This of course has not only an effect on the pitch but will enrich other personal relations.

The five-day course has been sponsored and organized by Football and Athletics Organization Westfalen FLVW, who pre-selected the participants.

‘It was a very moving and satisfying experience and we definitely want to offer another course again next year’, Sascha reflects and plans for the future: ‘All participants were extraordinarily attentive and keen to learn, and I was positively surprised by their level of German. Many shared their experiences and spoke about difficulties in striking up lasting friendships with Germans. This is definitely another reason to continue with this concept and to offer more of our courses.’

June 2017: Mozambique and South Africa trains with FFWU

FFWU successfully planned and executed two **social training** in 2 cities.

Unlike traditional coaching practices, social training takes a bit different approach and has a different goal. It aims to provide coaches with necessary know-how and skills to build up and strengthen personal attitude to progress a football player.

During the 5 days course, the group works on 21 social and emotional skills, and they build together the connections between those skills and technical/physical exercises.

LINK:

<https://www.youtube.com/watch?v=OpWdxhZvWak>

<https://www.youtube.com/watch?v=nT9ZEAdVJ1E&t=43s>

2016

24.11.2016, Cape town Kick and code 2016 X SAP conclude

This year the Kick & Code week was conducted in Cape Town in the Cape Flats and happened somewhat different from previous years Kick & Code Week in Pretoria.

Because of differences between Western Cape National Football Association and South African Football Association SAFA, SAFA licenses could not be granted to trainers at the successful completion of the week. We therefore had to improvise swiftly and decided to co-operate with COERVER South Africa – which proved to be very positive. The COERVER technique training method has been developed in the Netherlands. It is a highly detailed approach and suits South African trainers well to enable them to acquire much-needed basic skills in depth. The COERVER training unit is the first part of our educational week.

The second part consisted of life-skills training conducted by me with specially developed exercises on how to increase creativity, improve self-confidence, concentration, communication among other skills. The 21 trainers attending came from different NGO’s: our Partner NGO GCU Academy, OASIS and AMANDLA. All three organizations have a similar approach to us, using sport to engage with children and teenagers to improve personal development and social skills which can make a needed impact for better chances in life.

As a final part of the training week, we organized together with trainers the Kick & Code festival. Trainer now had to implement the newly learned content and therefore had the chance to gain very useful first-hand experience. The chosen location was in a large Cape town Township, Guguletu, in the AMANDLA Safe Hub. We had planned for 150 children attending but as we already found out previously, it is very hard to judge what will happen and so on the day we suddenly had more the 200 children in the Safe Hub. This was a challenge for the trainers and to accommodate everyone we had to improvise and adapt the planned exercises accordingly. It was a real pleasure to see everyone from the different organizations pulling together so well.

The structure of Kick & Code festival is taken from our *FFWU United Football Festivals*. But in addition to two groups doing exercise units of technique, game and life-skills training a third group is in the computer lab where SAP-coding coaches introduce children to computer programming. Each session lasts an hour and groups are rotating so everyone can play football for two hours and enjoy an hour on a computer!

To deliver more Kick & Code festivals where more children can learn more programming and coding skills, the next step is now to find a partner with a mobile computer lab. Please keep your fingers crossed!

All in all, it was a very positive week in Cape Town where lots of flexibility and great co-operation between the four NGO's FFWU, GCU, OASIS and AMANDLA and their trainers insured the success – even when plenty of improvisation was necessary. New contacts have been made and knowledge and experiences have been shared – may it continue long into the future!

### 24.11.2016, Cape town Kick and code 2016 X SAP

After the successful Kick & Code Camp 2015 in Johannesburg, the project will be continued this year and expanded to include several locations. Football for Worldwide Unity is now part of the initiative again in Cape Town.

The project pursues the innovative approach to link sport and technology and uses football as a popular and universally applicable medium to bring the 150 participating children closer to programming computer apps and other IT content, which will be in great demand on the job market in the future will.

At the same time, the project should lead to a sustainable improvement in the training of football coaches who are active on site in social projects and their equipment with training equipment. The participants are trained through specially imparted exercises, important social, emotional, and cognitive skills. We are particularly pleased that trainers from our long-term partner, the GCU Academy in Heideveld, will also take part in the program this year.

As FFWU representative on site, Sascha Bauer will lead the five-day training course together with the South African Football Association and will be responsible for training the 30 local coaches. In addition to the technical training of the coaches, he will, as always, attach particular importance to the training of their social skills and bring the coaches closer to exercises with which they can also train the social, emotional, and cognitive abilities of their players in a targeted manner. Together with the Eintracht Frankfurt football school, these learned exercises are directly applied and implemented during the training units on the program.

The Kick & Code 2016 is a joint project of the software manufacturer **SAP**, the Eintracht Frankfurt Football School, the German School Cape Town, the South African Football Association and Football for Worldwide Unity eV Nationwide, up to 5000 children at various locations will benefit from the initiative.

## 2015

### 25.12.2015, Germany: Sascha Bauer 2015 review

In April we ran another course in our pilot project in South Africa, with strong support from former professional player Gerald Gansterer from Austria. It was wonderful to see the progress of the GCU Academy at different levels, the good work of the coaches in schools in the community, the library that now has a responsible person and the first realization of the "Football Party" concept in South Africa with the name "United Football Festivals".

Then, in May, we continued in Mozambique with another course for coaches, which luckily was

funded by the Bavaria Football Association. There I was able to share my knowledge with several partner coaches and with many new coaches and through their support we contribute positively to the children's personal and sporting development.

In October, another exciting action took place with SAP, the Escolinha of the professional club Eintracht Frankfurt, the Confederation of South Africa (SAFA) and the German school in Pretoria. An innovative combination of soccer school, learning to program (computers) and coach training was developed. All participants, children, and coaches, returned home with new knowledge and a desire to continue for longer.

Unfortunately, this year football is both its sides. Football is continuing its mutation into the big business, and it seems like there are many actors who have no ethics whatsoever and who follow any path to achieve their own goals. Especially in top-level sport there are a lot of things happening that make me very sad – not to mention the details, many people will agree.

These things unfortunately contribute to our not looking at the positive and beautiful side of football, this side where children and young people learn together, respect differences, communicate together, cooperate, act responsibly, support each other and achieve goals together.

So I am especially happy that we were able to realize our concept of “Football Parties” with small changes in our two other projects in South Africa. In these Festivals children learn and develop by playing, far from the wrong thinking of adults “we need to win”, which many people are unfortunately bringing to them.

Sport can have a strong influence on people, negatively or positively. This year we try to do our best to contribute to supporting, promoting, and encouraging people, especially children. We are proudly looking at what has been achieved, but we are already working and preparing new actions to hopefully have sustainable effects. We are happy to be part of this path!

### 21.11.2015, Pretoria: A week to remember

From 5th to 10th In October our 1st chairman, Sascha Bauer, was a guest in Pretoria to implement the “Kick & Code Camp” together with SAP, the German School Pretoria, and the Eintracht Frankfurt Football School. The camp, in which around 300 children aged 8-15 took part, was part of the large SAP campaign “Africa Code Week”, the aim of which is to help more than 20,000 children in 17 African countries with the help of hundreds of workshops to bring coding and programming closer with the help of computers. In Pretoria, a special approach was adopted with the “Kick & Code Camp” in which the coding workshops were combined twice a day with soccer training units and a final “Festa de Futebol” on the final day.

In Sascha Bauer's case, this process evoked memories of his own youth: “time and again I had to remind myself of my own childhood and youth ... After school, lunch, and homework, I went straight to playing football. When it got dark go home quickly, eat and go straight to the computer”. In this context, football offered an important counterbalance to the work on the computer and of course also exerted an additional attraction on the children.

The camp itself was led by the Eintracht Frankfurt football school. Sascha Bauer's task as a representative of FFWU consisted, on the one hand, of linking the training camp with training for 23 youth coaches in cooperation with the South African Football Association (SAFA), which enabled the overall concept to be expanded to include an additional sustainable component. The children and youth training included all aspects of modern football, Technique, tactics and athletics, but also personal development and the training of social skills. Fortunately, all 23 participants were able to successfully complete the course and obtain the SAFA-D license.

In addition, at the end of the course and the “Kick & Code Camp”, the trained trainers implemented one of the FFWU-designed “Football Festival / Festa de Futebol” with over 100 children from the

neighboring township of Eersterust, which Sascha Bauer “cherry on top end for an all-round successful week”. Sascha Bauer found the integration of different population groups particularly enriching: “A special aspect was the encounter between children from the German School Pretoria and children from the surrounding townships. A meeting of a special kind, which does not take place so often in South Africa and where football has once again proven its potential in bringing people from different cultures together”.

Overall, the “Kick & Code Camp” and the cooperation of all those involved were perceived as very successful, so that a continuation is desired. “That was a week that everyone involved will certainly remember,” Sascha Bauer sums up. Finally, a big thank you to our patron Nadine Angerer, through whom the contact to SAP came about!

#### 25.04.2015, Cape town: Training course X GCU Academy

The next training course was held by Sascha Bauer from 21<sup>st</sup> April to 24<sup>th</sup> April at the GCU Academy in Cape Town, our partner NGO for some years. This time Sascha was accompanied by Austrian ex-professional player Gerald Gansterer, who heard of FFWU in an interview with Nadine Angerer and had offered his expertise and support.

The tried and tested concept of a course of training days leading up to a Festa de Football on the last day was now transferred to Cape Town, where it was very well received. The interest of nine active football players was raised to join and become youth coaches at GCU. They have known the academy for years since playing there as teenagers, and they form the bridge from one generation and age class to the next, which is ideal to develop a sustainable consistency of the project into the future. ‘To see the development since the beginning of our partnership is very impressive’ trainer coach Sascha observes happily, ‘although not all problems of the Heideveld-Community can be solved through the work of the GCU, you can see the positive influence everywhere, especially at the Woodlands partner school. The vegetable garden is growing, school walls have been painted, the grass pitch is clean of rubbish and several sport activities are on offer. The library is filling up with books, and older school children help younger players in an after-school support group. The trainers offer sports activities in several schools which are missing in the school curriculum. But with all the progress the funding situation is far from ideal to run a successful training academy – essential resources such as having enough footballs and sneakers for all players are lacking. We will therefore continue to work with persistence to fulfill our next goal to improve this situation.’

#### 19.04.2015, Mozambique: Training course concludes

A satisfying end to a very productive course. All 26 participating coaches successfully complete the course. DFB Vice-President and BFV – President Dr. Rainer Koch presented participants personally with official Festa de Futebol t-shirts and spoke to the trainers which was a huge motivational boost for these young group.

On Saturday 19<sup>th</sup> April the youth trainers were able to apply the newly learned material at the final event of the five-day course, when another Festa de Futebol was organized in Albasine. It was a success all round with over 80 children between the ages of 6 to 12 from local sports club and schools engaging, supported by BVF. Our chief trainer Sascha reports: ‘It was a very emotional experience with lots of goosebump moments. I am very happy to witness their development. The trainers were fully motivated and provided a day of fun mixed with learning for the kids. Hopefully they can continue their work with enthusiasm and take away the idea that football can support a wide range of knowledge which can become useful later in life.’

### 13.04.2015, Mozambique: Training course underway

the course was generously financed by the Sozialstiftung des Bayerischen-Fußballverbandes and is led by our FFWU trainer coach Sascha. Attending trainers were already involved in previous projects in Albasine, Festa de Futebol and Fotebol da Forca events. This is the second course module, so they are building on experience already gained from the first course in April 2013. This time the training is specifically aimed at working with children of ages 6 -12 and the trainers will learn a wide range training approaches in the five-day course. While developing technical and tactical skills they can learn how to support personal development and social competencies embedded within a sports environment.

### 18.03.2015: FFWU – Five incredible years and many more to come!!

Growing as individuals as the organization grow, FFWU family have been on this wonderful and rewarding journey promoting values of teamwork, sharing goals and leadership. On the occasion of our 5th anniversary, we would like to take this opportunity to thank all our members and supporters for their unwavering and continuous support. Together we can make a difference!

### 02.02.2015: Festa de futebol review 2014

The project has been successfully continued by local project coordinators Artur Silasse and Jair Samba, who with the support of over twenty trainers organized and ran twelve Festas, which reached more than 1000 children.

The events consistently have pedagogical, and sports parts combined and are structured in the same way. First the pitch is cleaned of rubbish together and then the children are guided through a special training circle. Tactical and physical exercises are integrated with awareness-raising about social themes such as health education and gender equality. Final highlight is the four versus four tournaments.

Unfortunately only 8% of participants so far have been females and this will be addressed in the themes of the coming Festas. We also aim to increase the number of events in the future year and will try to win more partner organizations to widen the influence and potential of the project

## 2014

### 15.10.2014, Nicaragua: Matthias and Janine go on a field trip to soccer without borders

With Josh Hardester, the project coordinator on site, the two were able to get an idea of the structure and implementation of a football project in Central America.

'Soccer without Borders' works in Nicaragua specifically to strengthen the role of women with the help of soccer. They try to convey other alternatives to the girls than the still widespread image of young married housewives with children, regularly explain various health risks and diseases in theory lessons and pay attention to the girls' social behavior and school development.

Thanks to donations and sponsors from the USA, Josh and his team were able to rent a suitable training area as well as an office and leisure building in which, in addition to material storage, the children can be looked after school and before training. The 3-4 volunteers who support the team as soccer coaches can also be accommodated here.

Together with volunteer Margot, Janine and Matthias went to the square, where they were not only allowed to watch, but Matthias was also able to pass on some tips and ideas from his wealth of experience at FFWU to the trainers. In a match at the end of the training session, the two of them had to play against each other and Janine and her team left the field as the winner and a 1-0 win.



Both the training units and the visits to the house were used for intensive technical discussions about Football For Worldwide Unity and Soccer without Borders.

Despite great support from the home country of 'Soccer without Borders', the team here in Granada is sometimes struggling with prejudice and rejection. After long negotiations, the project was able to secure a small piece of lawn on the training grounds for the men's baseball and football teams, independently provided a suitable water supply and still waited in vain for the players at times. In heavy rain or shine, many parents use this as a reason to refuse their girls to participate in team training.

But there are also great successes. Since the project has been active in Granada for over 6 years and looks after around 120 girls, there are already 4 permanent teams in different age groups that even play for trophies nationally. To ensure this success, up to 4 volunteers from the USA are sent to Nicaragua every year to work here for a whole year, to support the local coaches and to train with the girls.

For Janine and Matthias, this visit was an interesting insight into a successful soccer project and the opportunity to exchange ideas, challenges, and approaches.

#### 24.04.2014: FFWU visits South Africa and Mozambique

In January 2014 team members Janine and Matthias paid a visit to our projects in South Africa and Mozambique. During their private travels they took the time in their role as FFWU Marketing and Communication managers to see the projects themselves and gather first-hand experience by meeting with the local project leaders.

In Cape Town they met with Mario von Niekerk, founder and leader of GCU Academy, to find out about the challenges, new developments and ideas for further collaborations. The timing of their visit was not ideal as it was summer break – the Academy was closed and the majority of students had left for their summer vacation. Mario was on his way to an important football tournament some distance away. Still, all were able to agree future support for the Academy as much as possible with emphasis on trainer education provided by our chief coach Sascha, depending on his job commitments in Brazil.

Matthias and Janine then went on to meet the project team Jair and Arthur, who have been responsible for organizing and running the Festa de Futebol in Mozambique's capital Maputo since 2013. The positive results of our previous training are obvious – Arthur and Jair showed the right approach with lots of motivation and enthusiasm to establish the Festas as a regular event. We are proud to have Arthur and Jair in our team and are looking to transfer more responsibilities to them such as accurate reporting which is vital to secure future funding.

Janine and Matthias had the chance to observe a Festa on 25th of January which was attended by more than 70 children. Most of the players and trainers participate in the Festas regularly. Some players qualified for the finals in one of the inter-city tournaments – the first time this has occurred in 25 years. This shows the positive effects of our initial training education, although our main goal – to support further development for coaches and players – remains to be fulfilled. We plan to establish a small office as logistic base for running the Festas, and as a social education point to involve the whole community.

#### 24.02.2014, Heideveld: FFWU's volunteer Julia supports GCU

Midway through her 9-week volunteering period, she send in her first report: -

“I have now been working for GCU for one month as a volunteer. GCU's goal is to keep the children off the streets and give them a place to go where they know they are welcomed! The whole program is growing very fast, and it has been spreading across the world. In the morning I usually help with the PE Lessons and in the afternoon I either help with the sports program or the tutoring. It is great

to be a part of such a big team, which tries to make the world just that much better by putting everything in that they can. But what impresses me most are the students themselves. They have so little, yet they are the happiest children I have ever seen. I am so thankful to be able to experience all this and I only wish the best for all those kids and their tutors and coaches for the future!"

### 10.02.2014, Mozambique: Successful handover

Since the main responsibility for the organization and implementation of the "Festa de Futebol" events have been transferred to our local project coordinators Artur & Artur and our head coach Jair in August 2013, eight additional events have been staged with 835 kids participating in total. Before the events were kicked off the pitch had been cleaned by the kids and coaches in a joint effort. This is necessary to provide a clean and safe playground and might help the kids to develop environmental awareness. Unfortunately, the pitch gets littered again quickly due to the missing opportunities for litter disposal. Nevertheless, we hope that regular cleaning actions will have an impact on the condition of the pitch and the safety of the participants in the long run. Another emphasis of the recent events has been put on the integration of girls as they don't usually have the opportunity to play football and women's football in general is not appreciated enough in Mozambique. We hope that the Festas can contribute to the acceptance of girls on the pitch and beyond and would like to see boys and girls play together more often thus enforcing their mutual acceptance and appreciation.

## 2013

### 09.12.2013, Germany: Reinforcement FFWU team

2013 is rapidly approaching its end and we are very pleased to announce Florian Merker and Janine Steinmueller have joined our team.

Florian had traveled to volunteer in Mozambique and since his return supports us in communications. In the New Year he aims to focus about Monitoring & Evaluation of our projects. Currently he is writing his post-graduate thesis at the Sports University in Cologne.

Janine's interest started in 2010, when she visited YESS project run by Sports Federation of North Rhine-Westphalia to gain knowledge about coach education in South Africa. With her experience as communications trainer, she joins our team for Communication and Fundraising and will be able to assist our members and prospective supporters alike.

Janine and Florian's expertise and enthusiasm will enrich and reinforce our projects tremendously and we look forward to working with them.

### 28.09.2013, Cologne: FFWU X German Sport University

Incredible opportunity as our Team was invited as guest lecturers at the prestigious Sports university of Cologne. FFWU's Marketing head, Matthias Doherr talked about our commitment and vision in Africa and Florian Merker Student of DSHS and part of FFWU's projects in Mozambique presented a detailed description of projects and shared his experience in Maputo.

Special thanks to Dr. Karen Petry for the kind invitation.

### 17.09.2013, Mozambique: C license for Head coach Jair Wamba

Admiring the dedication of coach Wamba during coaches course in Maputo, May 2013, we decided to fund his CAF coaching license, which he aced and made us all very proud.

### 18.07.2013, Mozambique: New project leads

With great pleasure we like to introduce our new employees Artur Selasse as project coordinator, Artur Comboio as deputy project coordinator and Jair Wamba as head coach. This is another major milestone for our involvement in Mozambique and aims to transfer responsibility to the



Mozambicans promoting further development from inside. Of course, we will continue support with advice where possible.

Months before the departure of Sascha from Mozambique, the three soccer crazies were trained in their specific areas of responsibility and have been carrying out their duties with great enthusiasm. We are very pleased with this new addition to our team and hope they are able to continue the development of Festas de Futebol on a long-term basis.

### 15.07.2013, Mozambique: From Mozambique to Brazil

After 2 years of eventful and successful work in the double function as U17 national coach for the Mozambican Football Association and the successful establishment of 2 new projects for Football for Worldwide Unity in Mozambique, our 1st Chairman receives a tempting offer from Brazil. There he will again enrich the development of social football with his specialist knowledge and experience at this level in a double function as a football development worker for the German Football Association (DFB) and the Society for International Cooperation (GIZ).

In close cooperation with the NGO "Bola pra frente" with its president Jorginho (world champion 1994, ex-player Bayer Leverkusen and Bayern Munich), Sascha will create a guide for soccer coaches and organize trainer training courses to convey social values with the help of soccer. Since the tasks in Brazil are very similar to the activities of FFWU, we hope to gain many new insights for the continuation of our projects in Mozambique and South Africa. We wish Sascha every success on his new mission and look forward to the first reports from the Copa Cabana.

### 30.06.2013, MASSACA: Festa de Futebol

After the first two Festas de Futebol in places 7 de Abril and Albazine in Maputo, the next event took place on June 30, 2013, in Massaca / Boane, about an hour outside the capital of Mozambique. The venue was a rural course of the partner project Escolinha de Tico Tico of the Mozambican record goal scorer and national hero of the same name.

The response was enormous! One noticed that such offers are completely absent, especially in rural regions, and that it was a real highlight for around 120 girls and boys of all ages who took part.

The trained trainers led the cleaning of the court, the training circle and the final small-field tournament with great care and dedication! Tico Tico also personally looked after the very small participants of the event by playing small games with them.

For the first time, the newly made Festa de Futebol bibs were used, which were very attractive to the children in 8 different colors and with a large logo. They made it easier to organize and the kids seemed proud to be wearing professional, beautiful and brand-new training equipment. We also promise ourselves that the bibs will strengthen the bond with the project and increase its awareness on site.

Finally, Tico sponsored bananas, cookies, and water for all participants. A measure that FFWU would like to offer regularly, but for which there is currently no capacity available in the currently tight budget.

It should be noted that trainers from the other courses also contacted us to voluntarily support us in Boane! We are on the right track and thank everyone involved for this successful Festa de Futebol!

### 23.06.2013, Hamburg: Relaunch of Website

Long awaited and needed website design with a touch of simplicity and added aesthetic value.

Big thanks go to Clemens Wichmann for technical support and to Astrid Bauer and Gavin W. Semple for the English translations.

### 23.06.2013, Mozambique: Moving Festa de Futebol in Albasine

A particularly moving "Festa de Futebol" took place in Albasine on 23rd June 2013. Albasine has been the location of our very first soccer festival about 1.5 years ago and was the beginning of an exciting project in which we invested a lot of know-how, sweat and enthusiasm continuing to this day. With pride and great joy we were glad to be back on site.

It was a hot day on the 'Campo Oriental', also called 'Germans Place', but despite the heat our football-learning event was received with great enthusiasm by about 85 children and youths. "It was a very emotional day for me, because once again the joy in the eyes of children and young people made me feel very happy. Hopefully we can continue the football parties for a long time and have many children permanently happy." our president and project manager Sascha summed up in Mozambique.

### 25.05.2013, Mozambique: 1<sup>st</sup> festa on campo 7 de Abril

Following the training course, we organized a Festa de Futebol for the first time together with the previously trained trainers on the newly opened Campo de 7 de Abril. After we had a dress rehearsal the day before, all the trainers took part in the organization on Saturday. In this way they were able to gain an insight into the actual process of a festa and gain valuable experience for their own places. Equipped with the newly produced FFWU shirts, the local trainers from 7 de Abril oversaw the organization. They made lists of participants, divided the children into groups, cleaned the area with them and led the training circle. The work of the trainers was exemplary, and we were really overwhelmed by what we saw! Everything was very well organized, and the kids had a lot of fun! Unfortunately, the festa had to be broken off after the training circle because the sports minister was visiting the square and a game of football veterans was scheduled. "The fact that a sports minister prefers to watch 22 old men playing football instead of enjoying 100 children at a football festival says a lot about the promotion of sports in Mozambique!" Said Sascha Bauer, disappointed. "But that is exactly the gap that we want to fill with our project and such incidents once again confirm the necessity of our work!"

Despite these negative experiences, we can rightly say that both the training course and the (shortened) Festa were a complete success! At the end, all the trainers were given their well-deserved certificates in a great mood and to loud applause from the children present! We are proud of the new trainers in the project!!! They choose to make a difference!

### 20.05.2013, Mozambique: Coaches training kicks off

Our training course for the 34 newly recruited trainers began on Monday. In cooperation with the Mozambican Football Association, the participants in this six-day course acquire a basic football coaching license and learn how to use football to teach other young people important life skills and to organize Festas de Futebol. Both practical and theoretical content are on the agenda. The places Albasine, Habitação, Polana Canissa (all Maputo) and Massaca (Boane) each provide eight trainers, two come from the Futebol da Força project. On the final day, a Festa de Futebol will be organized together with all newly trained trainers!

### 15.05.2013, Mozambique: Football pitch scouting and coach sourcing

After visiting various pitches in and around Maputo and meeting with local coaches the following places were found ideal to expand the Festa de Futebols to: Habitação, Polana and Canissa Massaca. These locations were chosen because of already existing structures in training methods and many interested trainers. Throughout the next weeks we will meet with all potential coaches to get to know them and their motivation better. We are positive quite a few new trainers can be expected to participate in next week's coach training!

In Massaca in Boane the Escolinha de Tico Tico, a local football school run by Mozambique's record goalie Manuel „Tico Tico“ Bucuane, has integrated the Festa and for the first time a rural region will be reached. We are delighted about the new partnership and to be working with Tico Tico and his coaches!

#### 06.05.2013, Mozambique: One world football

The 'indestructible' balls developed in the US finally arrive. It proved quite resilient and looked like it would last forever. The children loved it and we planned to make use of One world football in our projects.

#### 03.05.2013, Mozambique: Location scouting for expansion

FFWU planned to expand the project to three additional sites in Maputo. Several potential football fields in the capitals were grazed and shortlisted by Sascha and Florian.

#### 19.04.2013, Mozambique: Gender Awareness training X WLSA X GIZ

In cooperation with the Mozambican branch of the WLSA (Woman and Law in Southern Africa) we conducted a training session for coaches in gender equality. For this event GIZ kindly made their premises available. In attendance were six coaches from Alba Sine, two representatives of WLSA, three employees of GIZ and our chairman Sascha. Everyone engaged and was involved in a lively discussion, and we were positively surprised by all the diverse contributions.

At the end of the six-hour session all participants enjoyed pizza together. This important training was funded by FFWU, and we are looking forward to running more sessions in the next weeks.

#### 18.04.2013, Costa del Sol: Equipment donation

Women's football team from Costa del sol with goalkeeper equipment. Special thanks to Nadine Angerer for making it possible.

#### 10.04.2013, Mozambique: Introduction: Florian Merker

Significant episode in FFWU's history as Florian Merker joins us our first volunteer in Mozambique. He supported us on both practical and strategic project work. He also planned to write his thesis on the works and projects of our organization.

#### 29.03.2013, Mozambique: 9<sup>th</sup> Festa de Futebol

Another successful event executed. This edition was a tiny bit different as the core theme of this event was HIV prevention and health. It was supported by Mozambican ministry of health, whose 'activistas' are constantly engaged in raising awareness and educating youths and children, through playful methods, on health, puberty and HIV prevention.

#### 10.03.2013, Heideveld: GCU Academy visit

Chairman Sascha Bauer was extremely pleased with the progress and developments that was made by GCU academy project. One of the highlights was the growth of coaches trained by FFWU. Cody Damons acquired his first official license from South African FA and has grown into a management role as the head coach of the youth department. Such records are of huge significance to us as its one of our KPI's and helps us get an insight on the progress we are making.

#### 09.02.2013, Mozambique: Festa de Futebol – International exchange Day

The Bavarian U16 team travels to Mozambique and Mozambique U17 national team, trained by Sascha Bauer, to Bavaria once a year. The goal of this project is to take players from these team outside their boxes and expose them to footballing culture and style of play other than their own.

This approach has proven highly effective and yet again proved football brings down barriers and brings people of the world together.

2011

08.02.2011, Frankfurt: 1<sup>st</sup> information and benefit event

The event is organized by FFWU. Guest speaker and president of German Olympic Association addresses the guests and stresses on the importance of sports a medium to reach children and young adults.

2010

05.07.2010, Heideveld: Phase one kicks off

Our coach and chairman Sascha arrived at the GCU Academy in Heideveld to start teaching the Trainers. His arrival was enthusiastically received – all the participants are very keen to learn, and their sessions were educational and a lot of fun. The content of the lessons was successfully applied immediately in the following training sessions with the kids.

10.06.2010, Frankfurt: Live on SAT1

One of the leading broadcasting firm in Germany invites Chairman Sascha.

08.06.2010, Germany: FFWU attracts big boys!!

The German Olympic Society takes notice and awards FFWU with a €500. The cheque is personally handed to our chairman Sascha by President Harald Denecken and Director Irena Sebens. They also pledge their continuous support.

31.05.2010, South Africa FFWU chairman flies to Cape town

FFWU chairman, Sascha Bauer, heads to Cape town to attend some world cup matches and kick off phase one of the project – train teachers at the GCU academy, Heideveld. Project length: 4 weeks, July – August

28.05.2010, Frankfurt: FFWU making some noise!!

The biggest newspaper locally, Frankfurter Rundschau features FFWU.

February 2010, Mozambique: FFWU organize Festa de futebol

FFWU projects coordinators, Jair Wamba and Artur Silasse successfully plan and execute the event.  
PHOTOS: - [FFWU](#)

January 2010, Mozambique FFWU: turning it into reality

During the project time in the YESS Project (Youth empowerment scheme through Sports) Sascha had the pleasure to visit GCU Academy (Great Commission United) in the Cape Flats. The city center of Cape Town “is a playground for the rich and famous”, as GCU founder Mario states. In the Cape Flats, where the ordinary people of Cape Town live, it is nothing like that. Drug and gang fights, early pregnancy, school dropout, robbery and lots of other different crimes are part of the daily life of many people. Children and Adolescents grow up under really different circumstances. After a day in the Cape Flats, more precise in Heideveld, Sascha went back in a taxi with tears running down his cheek. Experiencing these heavy differences in person feels different than only knowing about it.

This leads to the strong will to found an organization to help GCU to make a difference. A difference in people’s life's. Right after returning from South Africa Sascha starts researching and talking to family & friends to join a club to support the kids in those difficult surroundings.

Quickly the necessary supporters are showing their interest in giving their support by joining the club as founding members. In Frankfurt - as it is supposed to be - in an African restaurant, the foundation for all future activities is laid. Football for Worldwide Unity e.V. is founded by 13 founding members.